



# COUNTY CUB SWIMMING GALA

## SATURDAY 13<sup>th</sup> MARCH 2010

WESTMINSTER LODGE SWIMMING POOL  
HOLYWELL HILL, ST ALBANS

### General Information

- Parents & Cubs can arrive from 6pm. No access will be available before 6pm. Teams will be required to register at 6:15 and be ready to begin swimming at 6:30pm.
- The event will finish at approx 9pm.
- Parents are welcome to stay and watch. Programmes are available on the door at £1 each, and a raffle will be held. EACH TEAM IS REQUIRED TO PROVIDE A RAFFLE PRIZE. This will be collected when you register your team.
- **NO CAMERAS ARE PERMITTED – THIS IS A RULE OF WESTMINSTER LODGE**
- Each district can enter ONE team. The cost of a team is £20. Payment must be made by a Scouting cheque – personal cheques cannot be accepted. See entry form attached. This must be received no later than 1<sup>st</sup> March 2010. No late entries will be accepted.
- Any Adults poolside must be CRB cleared and listed on the entry form. CRB Ref Number or The Scout Association Membership Number MUST be provided on the Entry Form
- Each district is to provide a 'District Whip' The District Whip must register their team, along with the names of Cub Scouts entering each event. The District Whip is responsible for ensuring that all Cubs enter the events when they are called, and that they know the name of the district team they are representing.
- District Whips are also responsible for ensuring that no unauthorised adults from their districts are poolside, and that NO OUTDOOR SHOES are worn poolside for health and safety reasons.

### Event Rules

- Cubs will swim in 2 age groups – under 9½ years and under 11 years on the date of the event. No Cubs aged 11 years or over will be permitted to participate.
- Under 9½ year old participants may swim in the under 11 category.
- Cubs can swim in up to TWO events including the relay.
- Events 1-6, and 8-15 will 1 length of the pool starting in the deep end.
- Events 7 and 16 will be 4 lengths of the pool starting in the deep end.
- Events 1-2 and 9-10 are Breaststroke – the finish must be with BOTH hands touching the pool side.
- No substitutes can be made between the heats and finals.
- If a swimmer is disqualified, the District Whip will be informed as soon as possible.
- The Judges decision will be FINAL on all accounts.
- Final qualifiers will be the Five Fastest Times from the heats.

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### Scoring

- 1 point for each competitor in individual events who completes the distance
- Heat Winners - 1 point
- Finalists
  - 1st place - 5 points
  - 2<sup>nd</sup> place – 4 points
  - 3<sup>rd</sup> place – 3 points
  - 4<sup>th</sup> place – 2 points
  - 5<sup>th</sup> place – 1 point

### Programme of Events

Event 1	Under 9 ½	Breaststroke Heats
Event 2	Under 11	Breaststroke Heats
Event 3	Under 9 ½	Freestyle Heats
Event 4	Under 11	Freestyle Heats
Event 5	Under 9 ½	Backstroke Heats
Event 6	Under 11	Backstroke Heats
Event 7	All Years	Freestyle Relay Heats – 4 lengths
Event 8	Adults	Freestyle Heats
Event 9	Under 9 ½	Breaststroke Final
Event 10	Under 11	Breaststroke Final
Event 11	Under 9 ½	Freestyle Final
Event 12	Under 11	Freestyle Final
Event 13	Under 9 ½	Backstroke Final
Event 14	Under 11	Backstroke Final
Event 15	Adults	Freestyle Final
Event 16	All	Freestyle Relay Heats – 4 lengths

Presentation of Certificates and Trophy



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### ENTRY FORM

District .....

Contact Name ..... Phone .....

Contact Email Address .....

	Event	Cub Scout Name	Date of Birth
1	Under 9 ½ Breaststroke		
2	Under 11 Breaststroke		
3	Under 9 ½ Freestyle		
4	Under 11 Freestyle		
5	Under 9 ½ Backstroke		
6	Under 11 Backstroke		
7	All Years Relay	1	
		2	
		3	
		4	
8	Adult Freestyle		n/a

**Details of Adults Supervising the team**

	Name	Crb Reference No or Scout Membership No
District Whip		
Extra Helper / Supporter		
Extra Helper / Supporter		

**Completed entry forms MUST be sent to Steve Hall, 70 Sefton Rd, Stevenage, Herts. SG1 5RL no later than 1<sup>st</sup> March 2010. Cheques for £20 should be made payable to "Hertfordshire Scouts" and enclosed with your entry. Scouting cheques only – personal cheques cannot be accepted.**