

HERTFORDSHIRE CUBS RECORDS

CRATE WALK

Equipment :

2 Milk Crates

Stopwatch

(Tape Measure, Line Marking Paint)

Record Attempt:

Cubs will start behind the start line with 2 upside-down crates.

Crates **MUST** stay upside down throughout the record attempt.

Cubs will stand on the front crate,

Cubs must **NOT** touch the ground whilst on the 5metre course, or the record attempt is void.

Cubs will pick up the other crate, place it in front of them, and step onto it. They can place the crate as far in front of them as they wish as long as they can step onto it without touching the ground.

When they get to the far end of the course, both crates **MUST** cross the line. The Cub is allowed to step off the crates, re-position themselves behind the line, and then start on the return journey.

Fastest time is the record.